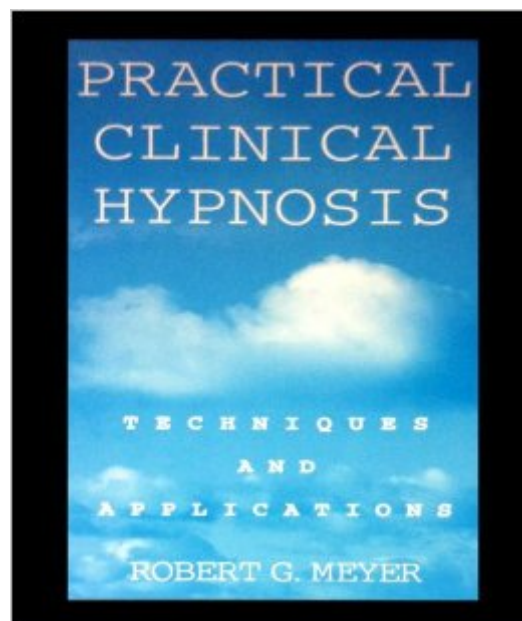


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Practical Clinical Hypnosis: Technique And Applications (Scientific Foundations Of Clinical Counseling And Psychology)



Synopsis

Since the 16th century, clinical hypnosis has been a controversial medical tool in the treatment of both physical and psychological maladies. Meyer examines the applications of hypnosis throughout history, drawing on case studies from all the available literature, as well as from his own practice. He offers suggestions for its clinical application for all mental health professionals, and details various hypnosis techniques.

Book Information

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Customer Reviews

Meyer, a nationally known psychologist-hypnotherapist, has written a book devoid of the nonsense and hyperbole which unfortunately is too often found in print (usually soft-cover) these days. This is an excellent well-researched and authoritative read!

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